



# UNIVERSITY OF MAURITIUS

## CALL FOR EXPRESSION OF INTEREST

The Faculty of Information, Communication and Digital Technologies is inviting expressions of interest from qualified individuals to be involved as **Consultant for Exercising Activities**, for a task-based assignment to work on the research project entitled *“Health and Wellness 2.0: Assessing the Impact of an Exergaming Application for the Promotion of Healthy Behaviours in Mauritius”*, for a contractual period of two days or equivalent working hours.

### Qualifications required:

- A degree in Sport Sciences, Nutrition, Dietetics, Health and Wellness coaching, Sports Management, or any other equivalent qualification or practical experience.

### Profile

Candidates must have:

- Good knowledge of physical activity promotion;
- Knowledge of nutrition and dietetics;
- Knowledge of fitness exercises;
- Proficiency in overall health promotion;
- Analytical skills and adequate knowledge in the relevant field of research;
- Good interpersonal skills;
- The ability to attend research meeting(s); and
- Availability to commence work starting from October 2023.

### Responsibilities & Duties

- Review a list of activities designed for health promotion;
- Improve the wellness activities to the specification of the research, and/or propose new activities that could promote overall wellbeing;
- Tailor the wellness activities to the Mauritian context;
- Review and develop the descriptions of the different activities;
- Attend meeting & training sessions concerning the project; and
- Train a team of Trainee Project Assistants concerning the different wellness activities.

### Stipend

An all-inclusive stipend of Rs15,000/- upon satisfactory completion.

### Duration

The period of involvement as **Consultant for Exercising Activities** will be for two days as follows:

- Day 1: Review of the Different Wellness Activities and Description of Activities;
- Day 2: Meeting and feedback with research team/ Training of Trainee Project Assistants.

The proposed starting date is 23 October 2023

## **Mode of Application**

Letter of expression of interest together with a detailed *Curriculum Vitae* and photocopies of qualifications, birth certificate, testimonials and equivalence of qualifications (where applicable) should reach the **Ag Dean of the Faculty of Information, Communication and Digital Technologies (Attention: Dr Roushdath Elahebocus), University of Mauritius, Réduit**, OR email address ([r.elahebocus@uom.ac.mu](mailto:r.elahebocus@uom.ac.mu)) and copied to ([deanfoicdt@uom.ac.mu](mailto:deanfoicdt@uom.ac.mu)) by **16 October 2023, at latest**.

The envelope and/or email's subject should be clearly marked "***Consultant for Exercising Activities***".

Applications received after the closing date will not be considered. The University reserves the right:

- to call for interview only the most appropriately and best qualified applicants;
- not to make any appointment as a result of this advertisement.

**2 October 2023**

**Ag Dean  
Faculty of Information, Communication and Digital Technologies**