



UNIVERSITY OF MAURITIUS

CALL FOR EXPRESSION OF INTEREST

The Faculty of Information, Communication and Digital Technologies is inviting expressions of interest from qualified individuals to be involved as **Consultant for Intervention Coaching and Data Collection**, for a task-based assignment to work on the research project entitled *“Health and Wellness 2.0: Assessing the Impact of an Exergaming Application for the Promotion of Healthy Behaviours in Mauritius”*, for a contractual period of five months or equivalent working hours.

Qualifications required:

- A degree in Sport Sciences, Nutrition, Dietetics, Sports Management, Social and Behavioural Sciences, Statistics, Psychology, Social Work or any other equivalent qualification.

Profile

Candidates must have:

- Strong interest in physical exercising and fitness Activities;
- Good IT, communication and interpersonal skills;
- Ability to communicate and interact easily with individuals from different background in English, French and Creole;
- Analytical skills and adequate knowledge in the relevant field of research;
- The ability to work under pressure;
- Proficiency in report writing (both qualitative and quantitative);
- The ability to attend research meeting(s); and
- Availability to commence work starting from December 2023.

Responsibilities & Duties

Task 1 – Intervention Coaching

- Attend Meeting and training sessions at the University of Mauritius for conducting intervention, including coaching of participants in fitness and wellbeing activities and data collection procedures;
- Recruit 300 participants (18 years old or above) for the intervention for an assigned region of Mauritius from mixed age groups over the duration of the contract;
- Travel to assigned region(s) and conduct interventions in appropriate venues, such as Community and Social Welfare Centres; and
- Coach participants in performing fitness and wellbeing activities.

Task 2 – Data Collection

- Use a combination of data collection techniques, including questionnaires, interviews and focus groups with the recruited 300 intervention participants;
- Methodically record and transmit gathered data to the research team at the University of Mauritius; and
- Participate in a post-intervention debrief and assessment of the gathered data and observations made.

Stipend

An all-inclusive stipend of Rs 100,000/- payable in four equal installments of Rs 25,000/- upon satisfactory completion of both tasks (Task 1 – Rs 16,447.37 and Task 2 – Rs 8,552.63) for every batch of 75 intervention participants.

Duration

The period of involvement as **Consultant for Intervention Coaching and Data Collection** will be for a period equivalent to 5 months, starting in December 2023 and ending in May 2024.

Mode of Application

Letter of expression of interest together with a detailed *Curriculum Vitae* and photocopies of qualifications, birth certificate, testimonials and equivalence of qualifications (where applicable) should reach the **Dean of the Faculty of Information, Communication and Digital Technologies (Attention: Dr Roushdar Elaheebocus), University of Mauritius, Réduit**, OR email address (r.elaheebocus@uom.ac.mu) and copied to (deanfoicdt@uom.ac.mu) by **23 November 2023, at latest**.

The envelope and/or email's subject should be clearly marked "**Consultant for Intervention Coaching and Data Collection**".

Applications received after the closing date will not be considered. The University reserves the right:

- to call for interview only the most appropriately and best qualified applicants;
- not to make any appointment as a result of this advertisement.

6 November 2023

Dean

Faculty of Information, Communication and Digital Technologies